

New Coronavirus-related Pneumonia

January 30, 2020
Tochigi Prefecture

1. About the new coronavirus

An outbreak of pneumonia associated with a new type of coronavirus (2019-nCoV) has been reported in Wuhan City, Hubei Province, China. When contracted, symptoms include fever and respiratory symptoms such as coughing, and the elderly and those with underlying diseases may experience more severe symptoms.



Although the route of transmission and incubation period are under investigation, the World Health Organization (WHO) believes that many cases of the outbreak in Wuhan are linked to a market selling seafood and live animals, and the victims may have become infected there. There have also been reports of cases in which the possibility of limited human-to-human transmission, such as between family members, cannot be ruled out.

2. About countermeasures

Frequently wash your hands with running water and soap. Thoroughly wash your hands, especially after going out or coughing, and before touching your mouth, nose or eyes.

When coughing, follow proper etiquette by covering your mouth and nose with a tissue, and wear a surgical mask and avoid places where many people gather to avoid infecting those around you.



3. If you have a fever or respiratory symptoms (coughing, etc.)

If you have symptoms such as a **fever** or **coughing**, or when taking medicine including **fever reducers** or **cough medicine**, please be sure to notify a staff member.

In addition, you may be able to be referred to a medical institution at your request.

A health alert has been issued for those travelling to/returning from Wuhan City, China to Japan.

Call in advance before you see your doctor, and tell them on the phone that you recently travelled to Wuhan.

